FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* SEGNER EDMUND P III						2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum, Inc. [LPI]									lationship ck all app Direc	,	ng Pe	rson(s) to Is	
(Last) 15 W. 61	(Fir	st) (M	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/14/2020									Office belov	Officer (give title elow)		Other (below)	specify
(Street) TULSA OK 74119 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									Form Form Perso	idual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
1 Title of	Security (Incl		1 110	2. Transac		_	Deemed		3.	D 13	4. Securitie	-			5. Amo		6.0	wnership	7. Nature
Date					Execution Date,			Date,	Transaction Code (Instr. 8) Disposed Of (D) (In					Securi Benefi Owned	Securities Beneficially Owned Following Reported		n: Direct or Indirect nstr. 4)	of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) (D)	or F	Price	Transa	action(s) 3 and 4)			(1130.4)
Common Stock			05/14/2	2020				A		36,858(1) [A	\$0.78	22	222,695		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, //Day/Year)		of De (Instr. Se Ac (A) Dis of (In an		osed) r. 3, 4	6. Date Exerc Expiration Da (Month/Day/Y		ite	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		str. Disconnection of the content o	Price of erivative ecurity istr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. These shares are granted under the Issuer's Omnibus Equity Incentive Plan and represent payment of director fees, which are paid 50% in stock and 50% in cash.

Remarks:

/s/ Mark D. Denny, as attorney-in-fact for Edmund P. 05/15/2020 Segner, III

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.