FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C.	20549

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					01	r Secti	on 30(n) of ti	ne Investment	Con	npany Act	or 19	40							
Name and Address of Reporting Person* Denny Mark David					2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum, Inc. [LPI]										eck all applica Director	ationship of Reporting Person(s) to Issuer k all applicable) Director 10% Owner				
(Last) 15 W. 6TH	(Fir	st) (Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/04/2022									below)	Officer (give title below) SVP, Gen. Counsel & Secretary					
(Street) TULSA (City)	Ok (Sta		74119 Zip)		4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	Individual or Joint/Group Filing (Check Applicable le) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tal	ole I - Nor	n-Deriv	ativ	e Se	curit	ies A	Acquired, I	Disp	osed (of, o	r Bene	ficially	Owned					
1. Title of Security (Instr. 3) 2. Tr				Date	ansaction		2A. Deemed Execution Dat if any (Month/Day/Ye		Code (Ins					Beneficial Owned Fo	lly	Form:	Direct Indirect Istr. 4)	7. Nature of Indirect Beneficial Ownership		
										V Amount			(A) or (D)	Price	Reported Transaction (Instr. 3 and	on(s)			(Instr. 4)	
Common S	Stock			03/04	4/202	22	2		F		1,455	,455 ⁽¹⁾ D		\$83	28,023			D		
									quired, Di						Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, T	4. Transaction Code (Instr. 8)				6. Date Exerc Expiration D (Month/Day/\)	ate	e		7. Title and Amour Securities Underly Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e Coss Fally Cos	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				C	Code	v	(A)	(D)	Date Exercisable	Ex Da	epiration ate	Title		Amount or Number of Shares						
Performance Units	(2)								03/05/2023		(2)		ormance Inits	11,878		11,87	78	D		
Performance Units	(3)								03/09/2024		(3)		rmance Inits	11,419		11,41	.9	D		
Performance Units	(4)								02/22/2025		(4)		ormance Inits	6,763		6,76	3	D		
Stock Option (Right to buy)	\$82								02/19/2017 ⁽⁵⁾	02	/19/2026		mmon tock	1,338		1,33	8	D		
Stock Option (Right to	\$282.4								02/17/2018 ⁽⁵⁾	02	/17/2027		mmon tock	504		504		D		

Explanation of Responses:

- 1. Represents shares of common stock withheld by the Issuer to satisfy tax withholding obligations of the Reporting Person in connection with the vesting of a portion of restricted shares previously granted to the Reporting Person under the Issuer's Omnibus Equity Incentive Plan.
- 2. These performance units are granted under the Issuer's Omnibus Equity Incentive Plan. The performance units will be payable, if at all, in cash based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis and (iii) based on a return on average capital employed metric, over a three-year performance period ending December 31, 2022. The final amount of cash earned is dependent on the performance of the stock price and the factors identified herein with the performance unit multiple having a range of 0% to 200%.
- 3. These performance units are granted under the Issuer's Omnibus Equity Incentive Plan. The performance units will be payable, if at all, in cash based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis, (iii) earnings before interest, taxes, depreciation, amortization and exploration expense divided by three-year total debt reduction and (iv) growth in inventory, over a three-year performance period ending December 31, 2023. The final amount of cash earned is dependent on the performance of the stock price and the factors identified herein with the performance unit multiple having a range of 0% to 225%.
- 4. These performance units are granted under the Issuer's Omnibus Equity Incentive Plan. Each performance unit represents a share of common stock. The performance units will be payable, if at all, in common stock, cash, or a combination of common stock and cash, to be determined in the discretion of the Issuer's Compensation Committee, based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis, (iii) earnings before interest, taxes, depreciation, amortization and exploration expense divided by three-year total debt reduction, (iv) growth in inventory and (v) emissions reduction, over a three-year performance period ending December 31, 2024. The final number of shares of common stock or cash earned is dependent on the performance of the stock price and the factors identified herein with the performance unit multiple having a range from 0% to 225%.
- 5. This stock option was granted under the Issuer's Omnibus Equity Incentive Plan and is exercisable as to 25% on each of the first four anniversaries of the date of the grant.

Remarks:

/s/ Mark D. Denny

03/08/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.