UNITED STATES SECURITIES AND EXCHANGE COMMISSION

wasnington, D.C. 20549	
STATEMENT OF CHANGES IN BENEFICIAL OWNE	RSHIP

I	OMB APPROVAL	
	OMB Number:	3235-0287
	Estimated average burden	
	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4

FORM 4

Check this box if no longer subjec or Form 5 obligations may continu	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										0.5					
1. Name and Address of Reporting Person [*] WOLF DONALD D					2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum, Inc. [LPI]								5. Relationship of Reporting Person(s) to Issuer Check all applicable) X Director 10% Owner Officer (give title below) Other (specify below			
(Last) (F 15 W. 6TH STREET SUITE 900	irst)	(Mi	ddle)		3. Date of Earliest Transaction (Month/Day/Year) 05/16/2019								Onicer (give the	below)	Other (sp	ecity below)
(Street) TULSA C (City) (S	K itate)	74 (Zij	119))		4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individ X	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
			Т	able I -	Non-Der	ivative Se	curities Ad	quired, C	Disposed	of, or Be	eneficially Ow	ned				
1. Title of Security (Instr. 3)			Date Execution Date, (Month/Day/Year) if any		A. Securities Acquired (A) or Disposed Of (I 3, 4 and 5) ode V Amount (A) or (D) Price			ed Of (D) (Instr. Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		. Ownership Form: irect (D) or Indirect (I) nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Common Stock					05/16/2	019		Α		17 ,908 ⁽¹⁾	A	\$3.49	3.49 172,000		0 D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
3) Conversion Date Ex or Exercise (Month/Day/Year) if a		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa (Instr. 8)	ction Code	Securities A	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Derivative Security (Instr. 3 and 4		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	Form: Direct (D) or Indirect y (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisab	Expiration Date	n Title		Amount or Number of Sha	res	Transaction(s) (Instr. 4)		

Explanation of Responses:

1. These shares are granted under the Issuer's Omnibus Equity Incentive Plan in lieu of cash payments for director fees at the election of the director.

Remarks: Exhibit 24: Wolf POA

> /s/ Mark Denny, as attorney-in-fact for Donald 05/20/2019 D. Wolf

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Refinite: Report of a separate file to each case of securities beneficially owned includy of indirectly.
 If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
 Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.
 Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

POWER OF ATTORNEY For Executing Forms 3, 4 and 5 The undersigned, Donald D. Wolf, hereby constitutes and appoints Mark D. Denny and Amanda Thrash, each, individually or jointly, with full power of substitutic 1. execute and deliver for and on behalf of the undersigned Forms 3, 4 and 5 (including any amendments, corrections, supplements or other changes thereto) in accords 2. do and perform any and all acts for and on behalf of the undersigned that may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely 3. take any other action of any type whatsoever in connection with the foregoing, which, in the opinion of each such attorney-in-fact, may be of benefit to, in the t The undersigned hereby grants to each attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, necessary a This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 (including any amendments, corrections).

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 16th day of April, 2019.

By: /s/ Donald D. Wolf

Donald D. Wolf

Signature Page to Power of Attorney for Executing Forms 3, 4 and 5

Signature Page to Power of Attorney for Executing Forms 3, 4 and 5

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