UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE

SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): December 13, 2019 (December 10, 2019)

LAREDO PETROLEUM, INC.

(Exact name of registrant as specified in charter)

	Delaware	001-35380	45-3007926
	(State or other jurisdiction of incorporation or organization)	(Commission File Numbe	r) (I.R.S. Employer Identification No.)
	15 W. Sixth Street	Suite 900	
	Tulsa	Oklahoma	74119
	(Address of principal	executive offices)	(Zip code)
	Registrant's tel	lephone number, including area	code: (918) 513-4570
	(Former na	Not Applicable me or former address, if change	d since last report)
	Securities regis	stered pursuant to Section 12(b)	of the Exchange Act:
	Title of each class	Trading Symbol	Name of each exchange on which registered
	Common stock, \$0.01 par value	LPI	New York Stock Exchange
Check the app	propriate box below if the Form 8-K filing is i	ntended to simultaneously satis provisions:	fy the filing obligation of the registrant under any of the following
	☐ Written communications pursuant to Ru	le 425 under the Securities Act	(17 CFR 230.425)
	☐ Soliciting material pursuant to Rule 14a	-12 under the Exchange Act (17	7 CFR 240.14a-12)
	☐ Pre-commencement communications pu	ursuant to Rule 14d-2(b) under t	he Exchange Act (17 CFR 240.14d-2(b))
	☐ Pre-commencement communications pu	ursuant to Rule 13e-4(c) under t	he Exchange Act (17 CFR 240.13e-4(c))
	Indicate by check mark whether the registrar 1933 (§230.405 of this chapter) or Rule 12b-		any as defined in Rule 405 of the Securities Act of act of 1934 (§240.12b-2 of this chapter).
	Emerging Growth Company		
			s elected not to use the extended transition period ded pursuant to Section 13(a) of the Exchange Act.

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Effective December 10, 2019, the Board of Directors (the "Board") of Laredo Petroleum, Inc. (the "Company" or "Laredo") appointed Craig M. Jarchow, Ph.D. as a member of the Board. Mr. Jarchow will serve as a Class I director with a term expiring in May 2020. The Board determined that Mr. Jarchow is an independent director within the meaning of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), the rules and regulations promulgated by the Securities and Exchange Commission thereunder, and the listing standards of the New York Stock Exchange. For his work as a member of the Board, Mr. Jarchow, like all other non-chairman members of the Board, will be paid an annual retainer of \$90,000, payable quarterly in arrears, and an annual director fee of \$160,000, payable annually in arrears (together, the "Compensation"). The Compensation shall be paid in vested stock; provided, however, upon Mr. Jarchow meeting Laredo's required stock ownership guidelines, up to 50% of the Compensation may be paid, at the election of Mr. Jarchow, in cash.

There are no arrangements or understandings between Mr. Jarchow and any other person pursuant to which he was selected as a director. Mr. Jarchow does not have any family relationship with any director or executive officer of the Company or any person nominated or chosen by the Company to become a director or executive officer. There are no transactions in which Mr. Jarchow has an interest requiring disclosure under Item 404(a) of Regulation S-K.

Item 7.01. Regulation FD Disclosure.

On December 13, 2019, the Company issued a press release announcing the appointment of Mr. Jarchow as a member of the Board. A copy of the press release is furnished as Exhibit 99.1 to this Current Report on Form 8-K.

In accordance with General Instruction B.2 of Form 8-K, the information furnished under Item 7.01 of this Current Report on Form 8-K and the exhibit attached hereto are deemed to be "furnished" and shall not be deemed "filed" for the purpose of Section 18 of the Exchange Act, or otherwise subject to the liabilities of that section, nor shall such information and exhibits be deemed incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number	Description		
<u>99.1</u>	Press release dated December 13, 2019 announcing the appointment of Craig M. Jarchow as a member of the Laredo Petroleum,		
	Inc. Board of Directors.		
104	Cover Page Interactive Data File (formatted as Inline XBRL).		

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

LAREDO PETROLEUM, INC.

Date: December 13, 2019 By: /s/ Michael T. Beyer

Michael T. Beyer

Senior Vice President and Chief Financial Officer



15 West 6th Street, Suite 900 · Tulsa, Oklahoma 74119 · (918) 513-4570 · Fax: (918) 513-4571 www.laredopetro.com

Laredo Petroleum Announces Appointment of Craig Jarchow to Board of Directors

TULSA, OK - December 13, 2019 - Laredo Petroleum, Inc. (NYSE: LPI) ("Laredo" or "the Company") today announced the appointment of Craig Jarchow to the Company's Board of Directors (the "Board"). His appointment as an independent director is effective December 10, 2019.

Mr. Jarchow has more than 25 years of energy industry experience, serving in upstream operational roles, investing in energy focused businesses and building and leading an operating company. He is currently President, CEO and board member of Castleton Resources, LLC, a natural gas focused company operating upstream and midstream assets in East Texas. Previously, Mr. Jarchow served as a Managing Director and Partner of Pine Brook Road Partners, LLC and as a Director and Partner at First Reserve Corporation, sourcing and advising on energy transactions. He began his career at Amoco Corporation and Apache Corporation, serving in operational roles at both companies.

Mr. Jarchow's educational experience includes a Bachelor of Arts in Geology from the University of California, Santa Barbara, a Masters of Science and Doctorate in Geophysics from Stanford and a Masters of Business Administration from the Massachusetts Institute of Technology.

"We are excited to add Craig to our Board as we embark on Laredo's strategic pivot to focus on oil growth coupled with Free Cash Flow generation," stated Jason Pigott, President and CEO. "His broad expertise across all facets of the oil and gas industry will be a valuable addition to the Laredo Board and I look forward to working with him as we drive value creation for our stakeholders."

About Laredo

Laredo Petroleum, Inc. is an independent energy company with headquarters in Tulsa, Oklahoma. Laredo's business strategy is focused on the acquisition, exploration and development of oil and natural gas properties, and midstream and marketing services, primarily in the Permian Basin of West Texas.

Additional information about Laredo may be found on its website at www.laredopetro.com.

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Contacts:

Ron Hagood: (918) 858-5504 - RHagood@laredopetro.com