FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL										
OMB Number:	3235-028									
Estimated average b	ourden									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP hours per response: 0.5

Instruct	ion 1(b).	ue. See		File							ies Exchan mpany Act			4			nours	per response:	0.5
1. Name and Address of Reporting Person* SCOGGINS MYLES W					2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum, Inc. [LPI]											licable)	g Person(s) to 10%	lssuer Owner	
(Last) (First) (Middle) 15 W. SIXTH STREET, SUITE 900					3. Date of Earliest Transaction (Month/Day/Year) 08/15/2019											Office	er (give title v)	Othe belov	r (specify v)
(Street) TULSA OK 74119 (City) (State) (Zip)							of Origina	Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Che Line) X Form filed by One Reporting Form filed by More than One Person							e Reporting Per	son			
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	eficia	ally C	wne	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					ay/Year) Ex		A. Deemed xecution Date, any Month/Day/Year)		Transaction Disposed Code (Instr. 5)		ties Acquired (A) I Of (D) (Instr. 3, 4			nd :	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		(A) or (D)	Price	, l·	Transa	action(s) 3 and 4)		(111501.4)
Common Stock 08/15/2				/2019	2019			A		24,812	(1) A \$2		\$2.	67	7 188,945		D		
		Та									sed of, onvertib				y Ow	ned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date, Transac Code (In					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			8. Prio Deriva Secur (Instr.	vative urity r. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(: (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nun of	nber					

Explanation of Responses:

1. These shares are granted under the Issuer's Omnibus Equity Incentive Plan in lieu of cash payments for director fees at the election of the director.

Remarks:

/s/ Mark Denny, as attorney-in-08/19/2019 fact for Myles W. Scoggins

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.