FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OIVID APPROVAL											
l	OMB Number:	3235-0287									
l	Estimated average burden										
l	hours per response:	0.5									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Chandler Tommye Karen</u>					2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum, Inc. [LPI]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner							
(Last) (First) (Middle) 15 W 6TH STREET SUITE 900					3. Date of Earliest Transaction (Month/Day/Year) 05/31/2019										X Officer (give title Other (special below) Sr. V.P. & COO							
(Street) TULSA OK 74119					4. If Amendment, Date of Original Filed (Month/Day/Year)										dividual or Joint/Group Filing (Check Applicable) K Form filed by One Reporting Person Form filed by More than One Reporting							
(City) (State) (Zip)														Person								
1. Title of Se	ecurity (Instr.		le I - Nor	2. Transa Date	rivative Se		2A. Deemed Execution Date,		te, Transa Code (Transaction Disposed Of Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,		(A) or	5. Amount of		5. Amount of Securities Form: (D) or Owned Following (I) (Insert of the security of the securi		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount		(A) or (D)	Price	Transacti	Transaction(s) (Instr. 3 and 4)			(113111 4)			
Common S	Stock			05/31	/201	9			F		3,757	(1)	D	\$2.64	350	350,114 D						
		7	((e.g., p			s, wa	rrant	quired, D ts, option	s, c	onvertil				Owned							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date, T	4. Transactior Code (Instr. 8)				6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owners Form: Ily Direct (or Indir (I) (Instr	Ownership	Beneficial Ownership ct (Instr. 4)			
				c	Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	i	Amount or Number of Shares								
Performance Units	(2)								02/28/2022	2	(2)	Com		277,397		277,397	7	D				
Performance Units	(3)								02/16/202		(3)	Com		38,043		38,043		D				
Performance Units	(4)								02/17/2020		(4)	Com		20,996		20,996	,	D				
Stock Option (Right to buy)	\$14.12								02/17/2018	(5) 0	2/17/2027	Com		15,880		15,880		D				
Stock Option (Right to buy)	\$17.34								02/15/2014	(5) 0	2/15/2023	Com		16,430		16,430		D				

Explanation of Responses:

- 1. Represents shares of common stock withheld by the Issuer to satisfy tax withholding obligations of the Reporting Person in connection with the vesting of a portion of restricted shares previously granted to the Reporting Person under the Issuer's Omnibus Equity Incentive Plan.
- 2. These performance share units are granted under the Issuer's Omnibus Equity Incentive Plan. Each performance share unit represents a share of common stock. The performance share units will be payable, if at all, in common stock, cash, or a combination of common stock and cash, to be determined in the discretion of the Issuer's Compensation Committee, based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis and (iii) based on a return on average capital employed metric, over a three-year performance period ending December 31, 2021. The final number of shares of common stock granted can range from 0% to 200% of the performance share units.
- 3. These performance share units are granted under the Issuer's Omnibus Equity Incentive Plan. Each performance share unit represents a share of common stock. The performance share units will be payable, if at all, in common stock, based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis and (iii) based on a return on average capital employed metric, over a three-year performance period ending December 31, 2020. The final number of shares of common stock granted can range from 0% to 200% of the performance share units.
- 4. These performance share units are granted under the Issuer's Omnibus Equity Incentive Plan. Each performance share unit represents a share of common stock. The performance share units will be payable, if at all, in common stock, based upon the Issuer's total shareholder return measured against an industry peer group, over a three-year performance period ending December 31, 2019. The final number of shares of common stock granted can range from 0% to 200% of the performance share units.
- 5. This stock option was granted under the Issuer's Omnibus Equity Incentive Plan and is exercisable as to 25% on each of the first four anniversaries of the date of the grant.

Remarks:

/s/ Mark D. Denny as attorneyin-fact for Tommye Karen 06/04/2019 Chandler

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.