FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
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| STATEMENT | OF CHANGES | IN BENEFICIAL | OWNERSHIP |
|-----------|------------|---------------|-----------|
| | | | |

| ОМ | OMB APPROVAL | | | | | | | | |
|-----------------------|--------------------------|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0287 | | | | | | | | | |
| Estimated | Estimated average burden | | | | | | | | |
| hours per | hours per response: | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Albrecht William E | | | | 2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum, Inc. [LPI] | | | | | | | (Cł | Relationshipeck all app | , | ng Pers | son(s) to Is | | | |
|---|--|--|---|---|---|--|-------------|---------------------------|--|------------|--|---|---|--|--|-------|--|--|
| (Last) 15 W. 6T | (Fir | st) (M | Middle) | | 3. Date of Earliest Transaction (Month/Da 05/14/2020 | | | | | /Day/Year) | | | | Office below | er (give title v) | | Other (below) | specify |
| (Street) TULSA (City) | OF | | 74119 Zip) | | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | Lin | e) <mark>X</mark> Form | or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son | | | | |
| | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transact Date (Month/Date | | | Execution Date, | | 3. Transaction Disposed Of (D) (Instr. 3, 0) | | | | | | Form: (D) or | rm: Direct or Indirect (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | | |
| | | | | | Code | v | Amount | (A) or (D) | | Price | Transa | action(s) . 3 and 4) | | | (11341.4) | | | |
| Common Stock 05/14/2 | | | 05/14/2 | 2020 | | A | | 32,051 ⁽¹⁾ |) A \$0.78 | | 78 132,051 | | | D | | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | Execution Date, if any (Month/Day/Year) | | 4. Transa Code (8) | | of Deriv | r osed) r. 3, 4 | 6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date | | 7. Title and Amount of Securities Underlying Derivative Security (Ins. 3 and 4) Amount or Numb of Title Share | | nstr. | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | y C | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |

Explanation of Responses:

1. These shares are granted under the Issuer's Omnibus Equity Incentive Plan and represent payment of director fees, which are paid 50% in stock and 50% in cash.

Remarks:

/s/ Mark D. Denny as attorney-in-fact for William E. 05/15/2020 **Albrecht**

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.